



Topic: Involvement of nurses and midwives in clinical decisions regarding the eligibility criteria for caesarean section among pregnant women



Sub-topic: Nurses and Midwives Understanding and Involvement on Assessing the Physical and Well-being of Pregnant Women

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SPEAKER

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AREA OF FOCUS

Nurses and midwives understanding and involvement on assessing the physical and emotional well-being of pregnant women

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Nurses and Midwives Understanding and Involvement on Assessing the Physical and Well-being of Pregnant Women

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INTRODUCTION...

- ✓ Cesarean section rates are increasing around the world.
- ✓ New data from the WHO finds that 21 percent of all childbirths are by C-section and that C-section rates are anticipated to continue rising to 29 percent by 2030, with variability across countries. (Betran et al., 2021; Panda et al., 2018)



INTRODUCTION CONT....

- ✓ The WHO estimates that by 2030, East Asia will have the highest regional C-section rates at 63 percent, followed by Latin America and the Caribbean
- ✓ The lowest rates of C-sections occur in sub-Saharan Africa, where only 5 percent of births are by C-section (Betran et al., 2021; Panda et al., 2018).



INTRODUCTION CONT....

- ✓ In Tanzania, the caesarean deliveries rate is 0.44% and 1.7% for the low socio-economic status and people living in rural areas respectively while for high socioeconomic status and urban areas rate of C-section being 8.5% and 6.5% respectively (Morabu et al., 2022).



INTRODUCTION CONT...

- ✓ A mix of clinical indications and personal choice play into the increasing rates of non-vaginal birth.
- ✓ Research found that fear of labor pains, worries about pelvic floor damage and fear of negative effects on sexual relationships drove some people away from choosing a vaginal birth (Betran et al., 2021; Morabu et al., 2022; Panda et al., 2018).

Nurses and Midwives Understanding and Involvement on Assessing the Physical and Well-being of Pregnant Women

- ✓ Providing psychological support to mothers which will be done by midwives is acknowledged internationally.
- ✓ Delivering high quality maternity care is the responsibility of every midwife.
- ✓ All midwives need to be activists determined to take both small and big steps to directly or indirectly improve care (Coates & Foureur, 2019) Bradfield et al. 2019

Nurses and Midwives Understanding cont.....

- ✓ **Midwifery** – Means how to do with women. By describing women's perception and being with women.
- ✓ The role of a midwife in midwifery and obstetrical care involves providing comprehensive support to expectant mothers, assisting in prenatal assessments, monitoring labour and delivery, and offering postpartum care (Coates & Foureur, 2019).



Nurses and Midwives Understanding cont.....

- ✓ Improvement in the quality of health care delivery is an essential priority worldwide, and the aim of improving health care quality is to guarantee patient safety, and improve clinical outcomes thereby reducing disease burden.
- ✓ Provision of quality of care and ensuring patients' satisfaction has been a challenge faced by many healthcare facilities across the globe (Coates & Foureur, 2019).



Nurses and Midwives Understanding cont..

- ✓ Exploring the quality of midwifery care from the patients' perspective is an important part of quality of health care assessment.
- ✓ Studies also indicate that CS deliveries lead to high rates of post-traumatic stress symptoms (Bradfield et al., 2019; Coates & Foureur, 2019; Panda et al., 2018).



Nurses and Midwives Understanding cont.....

- ✓ Midwives are responsible for providing care and support to women during pregnancy, labour, and delivery.
- ✓ The quality and manner of providing midwifery care during the delivery process contribute to a positive or negative childbirth outcome (Afaya et al., 2020).

What to do by midwives

- ✓ The WHO recommends certain interventions to reduce unnecessary cesarean sections, including educating patients about the potential risks, requiring a context-specific second opinion, providing childbirth training workshops and more (Betran et al., 2021).

What to do by midwives

- ✓ By offering education and support, midwives can help combat misinformation and take the first step in lowering the rates and risks of elective C-sections and CS which caused by unmanaged complications (Morabu et al., 2022; Panda et al., 2018).



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Thank
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