

Role of a Nurse in Caring Patient with Cervical Cancer

Comprehensive Care and Health Talk on Cervical Cancer. By RAMADHANI MWITA BScN CANDIDATE at AGA KHAN UNIVERSITY DATE: 10TH AUGUST 2024

MOBILE FACILITATION TEAM



Health Talk: Understanding Cervical Cancer

 Cervical cancer occurs in the cervix cells. It's one of the most common but preventable cancers in women.
Prevention is possible through early detection and vaccination.



Introduction to Nurse's Role

• As a nurse caring for a patient with cervical cancer, is multifaceted, focusing on providing comprehensive care that addresses the physical, emotional, psychological, and educational needs of the patient.



Patient Education

- Provide information about cervical cancer, causes, symptoms, risk factors, and treatment options.
- Educate the patient on side effects of treatments like chemotherapy, radiation, and surgery.
- Explain the importance of regular follow-ups and screenings.
- Self care and managing side effect at home.

Emotional and Psychological Support

- Offer emotional support by listening to patient's concerns.
- Facilitate access to counseling services or support groups.
- Encourage the patient to express their feelings and cope with the disease.
- Building trust and establish safe and supportive environment.
- Engage family member in care.



Advocacy

- •Advocate for patient's needs and preferences.
- Communicate with the healthcare team to ensure individualized care.
- Support the patient in making informed treatment decisions.
- Advocating for respective and informed care



Coordination of Care

- Coordinate with healthcare professionals to provide holistic care.
- Ensure continuous care and seamless transition between treatment stages.
- Assist in developing a discharge plan including follow-up care.



Support for the Family

- Educate and support family members in understanding the disease.
- Encourage family participation in the care process.
- Offer emotional support to both the patient and their loved ones.



Palliative and End-of-Life Care

- Provide palliative care to manage symptoms and improve quality of life.
- Support patients and families in making end-oflife care decisions.
- Ensure dignity and comfort during the final stages of life.
- Respecting beliefs and traditions in care.



Summary

- Educate women about prevention, screening, and regular health check-ups.
- Provide emotional support and help manage treatment side effects.
- Advocate for patients to ensure comprehensive and compassionate care.



Summary cont.....

- Early detection increases successful treatment chances.
- Regular screenings are crucial as early-stage cervical cancer may not cause symptoms.



Summary cont.....

• Cervical cancer is preventable and treatable if detected early. Regular screenings, vaccination, and safe practices reduce risks significantly. Early detection and treatment are key to saving lives.



Summary of Nurse's Role

- Nurses provide holistic care addressing physical, emotional, and educational needs.
- Coordination, advocacy, and support are key components.
- Palliative care and end-of-life care are critical in advanced stages.

Questions and Discussion

- Any questions?
- Open for discussion on any of the topics covered.
- Thank you for your attention.